

## Required Training All Staff

All staff will receive training to protect students and themselves from heat related exposure and illnesses. The training will include but is not limited to the following:

- First Aid and Emergencies (course name: [\*"First Aid, Health and Safety"\*](#))
- Heat Related Illnesses (course name: [\*"Heat Illness Prevention"\*](#))
- Proper Hydration (in the first aid course)
- Sudden Cardiac Arrest (course name: [\*"Sudden Cardiac Arrest"\*](#))
- Traumatic Brain Injury (course name: [\*"Concussion in Sports"\*](#))
- Blood Related Illness and Auto-Immune Disease (in the first aid course)

All classes can be found at [www.nfhslearn.com/courses](http://www.nfhslearn.com/courses). Teachers can create a free account to access the courses and follow these steps to complete each course:

- Go to [www.nfhslearn.com](http://www.nfhslearn.com)
- Click on the name of the course listed above
- Click "Order Now" and follow the checkout process
- You will receive an email to your inbox confirming the class
- **When you have completed the course please send your supervisor each certificate of completion**