



SUMNER HIGH COACHING STAFF 2020-21

Athletic Director: Melvin Williams

Melvin.Williams@sdhc.k12.fl.us

Athletic Secretary: Jamie Alonso

Jamie.Alonso@sdhc.k12.fl.us

FALL:

All Fall sports
Try-outs 8/24/20
FALL Conditioning has begun

FOOTBALL:

Coach: Alonzo Ashwood
alonzo.ashwood@sdhc.k12.fl.us

BOYS CROSS COUNTRY:

Coach: Aaron Ahonen
aaron.ahonen@sdhc.k12.fl.us

GIRLS CROSS COUNTRY:

Coach: Brianna Ward
brianna.ward@sdhc.k12.fl.us

VOLLEYBALL:

Coach: Rachel Boehner
rachel.boehner@sdhc.k12.fl.us

GOLF:

Coach: John Rhodus
john.rhodus@sdhc.k12.fl.us

SWIMMING:

Coach: Tracy Loomis-Miller
tracy.loomis-miller@sdhc.k12.fl.us

CHEERLEADING:

Coach: Courtney Hasty
courtney.hasty@sdhc.k12.fl.us

WINTER:

BOYS BASKETBALL:

Try-outs 11/02/20
Coach: Jamie Turner
jamie.turner@sdhc.k12.fl.us

GIRLS BASKETBALL:

Try-outs 10/26/20
Coach: Marika Starks
marika.starks@sdhc.k12.fl.us

BOYS SOCCER:

Try-outs 10/19/20
Coach: Michael Lankford
michael.lankford@sdhc.k12.fl.us

GIRLS SOCCER:

Try-outs 10/19/20
Coach: Tony Pirotta
tony.pirotta@sdhc.k12.fl.us

WRESTLING:

Try-outs 11/09/20
Coach: Eric Swartwood
eric.swartwood@sdhc.k12.fl.us

SPRING:

BASEBALL:

Try-outs 1/20/21
Coach: Kennedy Duran
kennedy.duran@sdhc.k12.fl.us

SOFTBALL:

Try-outs 1/20/21
Coach: Autum Hernandez
autum.hernandez@sdhc.k12.fl.us

TENNIS:

Try-outs 1/20/21
Coach:

BOYS TRACK & FIELD:

Try-outs 1/20/21
Coach: Aaron Ahonen
aaron.ahonen@sdhc.k12.fl.us

GIRLS TRACK & FIELD:

Try-outs 1/20/21
Coach: Brianna Ward
brianna.ward@sdhc.k12.fl.us

FLAG FOOTBALL:

Try-outs 2/10/21
Coach: Michael Cooper
michael.cooper@sdhc.k12.fl.us

Business Mgr. - Meaghan Smith
meaghan.smith@sdhc.k12.fl.us

The application for athletic participation will only be submitted electronically.
Additional information is on the back of this form.

ATHLETIC APPLICATION

You will need the following documents to complete the electronic process:

1. **Current EL2 Physical** (signed by Doctor, cleared w/no limits)
2. **Mandatory School Insurance** (\$40; \$60 for football)
3. **Birth Certificate**
4. **Proof of Residency** (electric/water bill, lease/mortgage)
5. **Gov. issued photo ID of parent/guardian**
6. **3 required FHSAA certificates in student's name**
(concussion, cardiac arrest, heat illness)

Once all documents are complete go to the Athletic Clearance site:
<https://athleticclearance.fhsaahome.org/index.php> fill out all information correctly and **UPLOAD** all documents listed above to this site.

On the login page, click Register under the login box. The parent/guardian must register the student-athlete and use the parent/guardian email address.

Once on the Athletic Clearance site, begin the athletic participation instructions for completing the process.

Step 1-Student Information (when uploading the 3 certificates, take one picture of all three together and upload as one document)

Step 2-Medical History

Step 3-Parent/Guardian Information

Step 4-Signatures

*****Once the Assistant Principal for Administration has reviewed the packet, the parent will receive an email stating your student-athlete is approved or denied to participate in athletics*****

If denied, please contact your student-athlete's coach to correct any errors